

VOL:02, ISSUE:04
NOVEMBER, 2018

TO RISE ABOVE THE TIDE

Informal

EDUCATIONAL MAGAZINE

ENVIRONMENT
EDUCATION
SNOW IS MELTING,
EARTH IS CRYING!

COVER STORY PAGE: 10

Significance of School Dress Code

**ARMOR OF GLORY
FOR STUDENTS!**

PAGE: 14

In Conversation with

**Asghar
Qureshi**

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Exploring the World of Arts with

Rameen Akhbar

PAGE: 16

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Editorial NOTE

Why is education so important because it is a part of our life? Education is so much important for success in life. Education is important for the personal, social and economic development of the nation. Education is important to live with happiness and prosperity. Education empowers minds that will be able to conceive good thoughts and ideas.

Education helps to become good students, parents, entrepreneurs, doctors, siblings and honest citizens. Being in contact with an educated person and having an intelligent conversation with him expands knowledge and introduces a certain creativity and joy in the mind. Education makes the national development process fast. Education develops good political ideology. The standard of living of its citizens is largely dependent on the level of education the citizens are able to acquire.

The value of education and its significance can be understood from the fact that as soon as we are born, our parents start educating us about an essential thing in life. A toddler starts learning new words and develops a vocabulary based on what his parents teach him. They educate him who is his father, mother, brother, sister etc. and how to behave with each person giving them due respect. They also impart him priceless knowledge about ethics and morals right from the beginning when he has a tender mind so that these qualities stay with him for his entire life in the form of conditionings.

How we behave with our parents and how much regard we have for our elders is a direct result of our initial education in our childhood days. So it wouldn't be wrong to say that a person's initial education begins at his home. Parents guide their child not just into the first steps when he starts learning how to walk; they also guide him on the steps to be taken with behavior, morality, and respect.



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Letter to the editor

Hey Informal,

I totally agree with the issue that you mentioned in your cover story of last month. Environment Education should be a top priority of schools and colleges in Pakistan, because climate change is becoming a big threat for the people of Pakistan. You have developed a wonderful magazine. Keep it up.

Abdullah Asif (Punjab College)

Hi Editor,

A wonderful magazine which is based on entertaining and informative content for students and which provides a genuine break from the serious and bored material to. It is incalculable. I just want to compliment you on the colorful topic selection and I enjoyed seeing the variety of designs. This was so refreshing I read the entire magazine. Well done, this issue was a nice blend of information and entertainment.

M. Haroon (Punjab College)

Hey Informal,

I really enjoy reading your magazine and the section which I liked the most was the travel section, which gives the glimpse of some of the most exotic places in Pakistan. It's always good to see, you guys are also promoting a good image of Pakistan along with other academic writings.

Maira Shahid (Punjab College Lahore)

Hey Editor,

With the issue of this month I was completely blown away with the creativity of this magazine. Most of the articles in the line were playful and fun to read, especially cover story and the wise advice, as they both were necessary for our information. I have for months been proud of the magazine and leave my copy in the school library when I have finished reading it.

Khuram (Punjab College)

Hey Informal,

Your last issue was just amazing! In three words it was astonishing, beautiful and inviting. I had been looking for such an educational magazine but couldn't find. Last month's magazine was a perfect departure from the past editions where significant topics were discussed, described and questioned. So keep experimenting.

Danish Ahmad (Superior College)

Hi Informal,

While I generally love and respect your magazine for the ways it approaches the students with grace, balance and soul, the last issue left me with the same feelings. I just loved the October issue, while the magazine is always great but this one is fun and unexpected. Thanks for a fresh and unique reading experience. I've had the pleasure of reading your magazine.

Omar Razzaq (Forman Christian College)

Hi Editor,

I respect the editorial imperative to go in new directions from time to time. Your magazine was absolute informative and clever, I loved the cover story and all other articles as well. Magazine of last month was attractive and pretty so keep up the good work and make us surprise with each new issue!

Bilal Ahmad (Government College)

Hey Editor,

I am a big fan of informal magazine. You and your team do a wonderful job. You guys attempt a bump in the road and you do an educational magazine, really it's cool. I'd just like to compliment the magazine staff on the latest edition: I read it with great interest. So I just want to stay stick to what has earned the magazine its reputation for excellence.

Arslan Ali (University of Lahore)

Write us at informal.pk@gmail.com

We received too many letters from our valued readers every month through mail and e-mail, however, due to shortage of space we are publishing only few selected letters.


 A portrait of Asghar Qureshi, a man with dark hair and a goatee, wearing a white shirt and a striped tie. He is standing with his arms crossed, looking directly at the camera.

In Conversation with

Asghar Qureshi

Asghar Qureshi is the Chairman of
“Da’Art Institute of Art & Design”

Q. How did your interest developed in Arts and Graphic Designing?

Ans. I belonged to an underprivileged area named as “Layyah” but however I got the chance to have my Arts and Graphics education from Karachi, later my interest dragged me in textiles and I associated myself with different textile programs from Faisalabad. With the course of time, I began to recognize and polish my interest and worked my life-off to get myself professional in this certain field. This is the main reason which pushed me to brick an institution like “Da’Art Institute of Art & Design”.

Starting my life from an underprivileged area moving on to an institution of my own (till 2010), this all demonstrate my passion towards this field.

Q. How were you as a Student at your time?

Ans. My life as a student, with no doubt was an amazing one; I always focused on my interest and believed in learning and growing in my field of Arts. I was very conscious about what next? And spend a big part of my life in it. Apart from this, I was way to obedient and respectful towards my teachers and especially my elders and of course, what I am today is all because of their prayers and wishes for me.

Q. At what certain age, you got interested in “Calligraphy”?

Ans. I developed my interest in calligraphy at a very small age and this was all possible due to my amazing, highly qualified and perfect Art teachers. On discovering the subject in my later life, I got attached with calligraphy as I was with textile and graphics.



Learning calligraphy was fun and I've never taken it for granted because I oath to devote myself to it with all my hearts.

Q. What you see in common in your Art students?

Ans. Well, all serious kids are in my institution. What I see as common in them is either passion or sense of knowing the scope of this field. My students are divided into two categories; one who love Arts, who are passionate about it or second, who knew its importance and knew how they can earn fair grants with this field, but either of the two kinds, students are devoted to it and not any of them are here for time-pass. This thing as a teacher, I see it in their eyes.

Q. Where do you see Arts standing in future?

Ans. I see Arts as a long race horse because the future looks a bit dark for several other fields but Arts. Art is known to-be skilled oriented education, which directly or indirectly is giving skills training to its students. So in future of unemployment, the skill is something that would keep you alive. In future, Arts would be known well in international and national markets and would perhaps lead any other field.

Q. Who inspired you the most?

Ans. I got Arts and its love injected in my blood through my father. He was a charming person in Arts



and designs; I always saw him playing with his brushes since I was a toddler. Moreover, my siblings were also in fields related to Arts and design, so it won't be wrong to call them my real inspirations. The circle of my family, friends and teachers always supported and encouraged me to come at the apex of Arts.

Q. What difference do you see in Arts students of previous times and the one in modern times?

Ans. The only difference that I could utter is the students of modern era are far more commercial than the ones in past. I as a student never bothered with money or job but students in present hope great and they are concerned about money and jobs. This stops them to focus on their work and huddles them to be creative and finally this all contributes to affect their jobs and earnings.

Q. What would be your message to your young readers?

Ans. The students should always see his or her interest and then pick a relevant field that would not be boring for them at all. And, next step is to know the scope of what you are choosing and once you join or associate yourselves, just focus and do hard-work, be unique in your work so no-one will beat you! ■



BABUSAR TOP

Dazzling Spot of Kaghan Valley

Babusar Pass or Babusar Top is a mountain pass at the north of the 150 km. (93 miles) long Kaghan Valley connecting it via the Thak Nala with Chilas on the Karakoram Highway (KKH). It is the highest point in the Babusar valley that can be easily accessed by cars. Babusar Pass connects Khyber Pakhtunkhwa with Gilgit Baltistan province of Pakistan. You can easily reach the Babusar Top via car. While driving through this mountain pass we covered the distance of about 150 meters and reach the Babusar Top at an elevation of 4173 m (13,700 ft). The views from the top were amazing, floating clouds, cool breeze and marvelous landscape.

Standing on the top you might get lucky and get a panoramic view of Malika-e-Parbat on a clear day. Malika-e-Parbat is the highest peak of the district with an elevation of 17,000 feet. There are also astonishing view of snow covered peaks of Kashmir. You can see green plateaus, winding roads; small streams and mountains as far as the sight go. There is also a pinned board with the calculated distances of relatively near cities of China and Pakistan on the top.

From Babusar Top you can make it to Naran by covering a distance of only 80 km. However, Gilgit is located at a distance of 414 km. Furthermore, from Naran you can make your way to Battakundi, Lalazar Plateau, lake Dodiputsar and lake Lulusar. Lake Lulusar is the biggest natural lake in Hazara and the source of Kunhar River. Most part of the road leading to Babusar Top has been constructed and improved for the convenient locomotion. In Chilas you can get guidance about the route from the Northern Areas Public Works Department



(NAPWD) executive engineer office and Natco drivers while in Naran. PTDC is a good source of information. Here also, like Kaghan, thick forests are found especially on the higher slopes. Due to extensive exploitation only in unapproachable areas the thick forests are found.

It is highly recommended to come prepared for such trips with stocked food, warm clothes and of course camera to capture snaps of some astonishing landscapes. Always check weather forecasts before travelling. The evenings can be very chilly even in summer. The whole journey to the top is simply memorable. This is one spot of Northern area of Pakistan that you will surely enjoy visiting when you are off to other connecting places like Naran and Gilgit. ■





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
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ENVIRONMENT EDUCATION

SNOW IS MELTING, EARTH IS CRYING!

According to the statistics, Pakistan throws in even less than 1% of the world's greenhouse gases that are blamed for causing the global warming. But still, over 200 million people living in Pakistan are among the world's most vulnerable victims of the rising consequences of climate change.

Environment education manages the need to ensure the earth on the grounds that a worldwide temperature alteration, contamination, and numerous different issues are demolishing our condition severely. We know the significance of a solid domain, and we should take all the conceivable measures to keep our condition sound. A standout amongst the best way to advance sound condition is giving appropriate training to both new and in addition old ages. Thus, environment education and awareness is pivotal to serve both nature and people.

Education has the ability to adjust the general public and present better information for the awareness its initiating. Education can remain as an appropriate answer for take care of various sorts of issues exists in our world and, in this way; education has an unmistakable task to carry out to spare nature. The basic role of instruction with regards to ecological assurance is putting forth attention to everybody in a general public. Education in terms of environment can give better attention to an assortment of biological issues that happen step by step. Everybody in the public arena including kids, young people, grown-ups and develop individuals can comprehend and end up mindful of the different ecological issues on the off chance that they get legitimate instruction on it. Education on environment can give right learning on how common habitat capacities, and how individuals can manage conduct and biological communities for maintainability. In the present day, many

individuals direct an ecological mindfulness program in schools, colleges and other academic centers. It will assist individuals with becoming mindful about the natural issues and take action accordingly.

There is a great deal of ecological issues far and wide that needs to be put forward to the people if we want to attain a better future on Earth. Air contamination, water contamination, sudden environmental change, junk, and contamination of the common habitat are a portion of the difficulties looked by numerous different nations on the planet. Creating awareness on environmental issues will play a huge part in waking up the general public that is proficient towards nature and its related issues. Ecological education shows people and networks to know nature and its related issues, wind up mindful of the answers for the ecological issues, persuade the general population to take care of the issues and take legitimate activities to spare the earth from potential issues.

The impacts of air contamination on people are very serious. It is viewed as the fundamental driver of regularly rising instances of respiratory diseases, issues and sicknesses, similar to asthma and bronchitis. With respect to the impacts of water contamination, these incorporate countless borne sicknesses, extending from looseness of the bowels and spewing to gastroenteritis and typhoid. Substantial metals, pesticides, and other such contaminants can likewise influence our body and may also cause some of the most awful diseases. These contaminants may also cause



hormonal issues and even harm our sensory system. Pesticides enter our body through the sustenance things that we expend, particularly those which are developed in defiled soil. The wellbeing risks related with utilization of natural products or vegetables developed in tainted soil incorporate steady cerebral pains, queasiness, and genuine harm to the cerebrum, liver, and so on.

According to the statistics, Pakistan throws in even less than 1% of the world's greenhouse gases that are blamed for causing the global warming. But still, over 200 million people living in Pakistan are among the world's most vulnerable victims of the rising consequences of climate change.

The overall environment condition of our planet is awful and this can clearly said to be our own fault, as not much awareness had ever been created among the people of countries such as Pakistan, India and other developing and underdeveloped countries. Therefore, it is our last chance before nature starts calling its brutal shots towards the people of our planet. We have to take this matter in our own hands and have to minimize the pollution level at every step, whereas schools, colleges, and universities should give special awareness lessons on education based on the environmental issues which we are facing today.

There is incredible discussion among numerous individuals, and here and there on whether an unnatural weather change is genuine (some consider it a trick). Be that as it may, atmosphere researchers taking a gander at the information and realities concur the planet is warming. While many view the impacts of an Earth-wide temperature boost to be more significant and more quickly happening than others do, the logical accord on climatic changes identified with an Earth-wide temperature boost is that the normal temperature of the Earth has ascended somewhere in the range of 0.4 and 0.8 °C in the course of recent years. The expanded volumes of carbon dioxide and other ozone harming substances discharged by the copying of non-renewable energy sources, arrive clearing, horticulture, and other human exercises, are accepted to be the essential wellsprings of the a worldwide temperature alteration that has happened in the course of recent years. Researchers from the Intergovernmental Board on Atmosphere doing a worldwide temperature alteration investigate have as of late anticipated that normal worldwide temperatures could increment somewhere in the range of 1.4 and 5.8 °C continuously 2100. Changes coming about because of global warming may incorporate rising ocean levels because of the softening of the polar ice tops, and an expansion in event and

seriousness of tempests and other extreme climate impacts. ■





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Significance of School Dress Code

ARMOR OF GLORY FOR STUDENTS!



Discipline, faith, unity, mannerism and effectiveness of personality all these things are first judged by the appearance of a person. For kids in school, their uniform plays an important role in eradicating discrimination of high and low, rich and poor, the elites and inferior ones. Its set to have an effect that all of you are present and here and none of you will be judged by your backgrounds. Its goal is to develop a qualified mind which can think and evolve without taking any background discrimination. When two kids from two different society are learning at the same place at the same time it tends to create such social environment which led to the good development of their minds and their etiquette to respond differently in different conditions. It also allows children to learn about equality that none of you are judged by your family, cast, creeds or colors. It allows development of such mindset which creates brilliant leaders, army officers, teachers, scientists, businessman and scholars which further work in the same way to create a better world.

There are five basic things that a child learns from wearing the dress code of different institutes which is the same for every place. Equality: It allows students to learn that in school all of them are equal to teachers and no one is inferior or superior on the basis of their backgrounds and their status in the community. The only thing which will make difference for them is their character development and performance in academics that how much they can learn and retain and use in daily life, as moral, ethical, academic and physical all of these parameters matter for student development.

Discipline: Discipline it is a single word but it has the power to change the entire life of a person. By wearing the same uniform and standing in the same ground at the same time for students as kids taught them the true meaning of it that good mannerism, etiquette, character, and habits are the things that will lead them towards creation of a brighter future and by having discipline in life as kids, as adults or as a

professional they can also become role models for others that's a basic reason why Pakistan Army is considered a noble profession to join because their first and most primary thing to teach is discipline so they can lead and follow at the same time.

Mental Development: When kids are wearing the same uniform and playing at the same place they learn to compete with each other and try grow and become better in sports, studies and other activities by learning more or giving more time to a particular sport by which they learn a primary thing to live life which is, "life ceases to exist when it ceases to evolve". So by wearing the same uniform in the same field, they allow themselves to compete and grow.

Mannerism: When two different kids from different areas interact with each other without discrimination of their backgrounds they learn to admire and respect each other when they start spending time in studies, in sports or other activities which allow them to see what is the true meaning of being a human. Respecting each other, admiring the better, competing with each other, learning together and playing together allow the best development of their mannerism and minds by which they can respond to any difficulty in upcoming life.

Learn How To Respect Their Elders: When kids are judged in the same way by their teachers without any discrimination they learn to respect their elders with this point of view that all of us are the same, and the only thing which is going to make a difference are our personal efforts. They learn to their elders they are not judged by anything except their own selves which make them most happy and increase their will to improve for their loved ones. ■



Exploring the World of Arts with

Rameen Akhbar

Rameen Akhbar is currently a student of BFA Textile at University of Management and Technology, Lahore (UMT)



Q: Describe yourself in simple words?

Ans: Born and brought up in Lahore up to Inter Level, I studied in science subjects but after that I changed my field and preferred to choose textile designing on account of my hidden ambition. My Parents desired to see me as a doctor but I have a student of textile designing.

Q: What is art for you, narrate it in your own words?

Ans: For me, everything is a form of art, from photography to music, dance, painting etc. Art is an act of expressing feelings, thoughts, observations, emotions and vision. It is a form of communication too. Creating something without words and something that speaks to people. Art is the language of its own. It changes our whole world. Art has great impact in our society. I can't exactly put it into words but it is my best partner in solace and solitude.

Q: When did you first think of becoming a designer?

Ans: After going through Inter level, I realized that my field is not in accordance with my hidden ambition i.e. love for art. Resultantly, I immediately altered my thinking towards textile designing because in my opinion textile is the backbone of Pakistan Industry. Our Pakistan needs such a good designers and I think being a designer has increased my thirst for learning. I can perform better and better for this field and earn a huge fame.

Q: What are the steps of your creative process as a textile designer?

Ans: • Firstly I create an imaginary design.

- Then I make that design roughly.
- I create that imaginary design into realistic form.
- I use different oil paints, markers, pencil colours, Fiber paints, and charcoal in during making designs.
- I learn all the basic of that design.
- I do work in solace and solitude.)

Q: How do you stay abreast of the latest design trends?

Ans: Social Media is the best source of knowledge. I'm to observe and subscribe to well-known artists, designers and brands on Instagram and Facebook upon those admired and trust. And then just read along. I also have a public account on Instagram "Artimix_09".

Q: Tell us about the best design piece from your portfolio?

Ans: This textile design is a project of manual design. I've done in my design class which is call Egyptian design. I like the most because I've worked hard on it. ■



2 Ingredient Chocolate Cupcakes

Make cupcakes with just 2 ingredients? Yes you can! Grab a box of chocolate cake mix and a can of Coke and off you go!

INGREDIENTS:

- 1 pack chocolate cake mix
- 1 can (375ml) Coke

METHOD:

1. Preheat oven to 180C (160C fan-forced). Lay out 12 patty pans on a baking tray.
2. Gather your ingredients.
3. In a bowl, using a mixer combine the cake mix with the Coke. Beat for 1 minute.
4. Fill patty pans to 3/4 full and bake for 26 minutes or until a skewer placed into the centre comes out clean. Remove to cool.



3 Ingredient Fruit Cake

This 3 ingredient fruit cake recipe just seems impossible until you see the result come out of the oven and can enjoy a delicious moist fruit cake.

INGREDIENTS:

- 1 kg mixed dried fruit
- 2 1/2 cups (625ml) fruit juice
- 2 cups self-rising flour

METHOD:

1. Place mixed dried fruit in a medium saucepan and pour over 2 cups of fruit juice. Bring to the boil, reduce heat to low and simmer for 3 minutes. Remove from heat and leave to cool for 2 hours.
2. Preheat oven to 150°C fan-forced or 170°C conventional. Line a 20cm round spring form tin with baking paper and set aside.
3. Sift the self-rising flour over the soaked fruit and stir well until completely combined. Use the remaining half cup of juice if needed to make a moist mixture.
4. Pour into cake tin and bake for 2 hours on the lowest shelf.
5. Remove from oven and leave cake to cool entirely in the tin.
6. Wrap in foil and keep in an airtight container for 2-3 days before slicing.



Money isn't Real Wealth, its Health!

Raise the roof on your Vitamin D

Raise your Vitamin D levels naturally by making healthy lifestyle changes such as: Losing 5% of your body weight, lower your cholesterol, exercise & eat more fatty fish (such as wild salmon).

Eat more plants

Plants are a big source of omega 3 fatty acids. Alpha-Linolenic (ALA) is found in many plants and plant-based cooking oils. Flaxseed (powder or oil), chia seed & walnuts are good sources of ALA as well. Omega-3 has anti-inflammatory effects & protects the skin.

Fight Fatigue with Regular Exercise

Winter is a great time to experiment with new and different kinds of activity with the winter blues approaching you can start to feel fatigued more easily. Get involved in some kind of physical activity as often as possible and you'll feel more energetic, ideally so you reach the recommended goal of 150 minutes of exercise a week. Exercise in the late afternoon may help to reduce early evening fatigue, and also improve your sleep.

For instance, if you're not used to doing exercise, give Dance works and one of the many classes on offer delivered by trained and experienced teachers a try.

Sleep Better

Eight hours of sleep for an adult can help keep the body's immune system healthy to fight off colds. Try avoiding alcohol, caffeine & cigarettes as they can affect the quality of your sleep. Establishing a regular sleep routine may help promote improved sleep.



Antioxidants

They help to keep us healthy by protecting the body's cells from damage due to normal body functions and exposure to toxins and pollutants.

Antioxidants can be found in purple, blue & red fruit and vegetables such as red grapes, cherries, berries or pomegranates. Other types of antioxidants such as "catechins or flavonols" can be found in dark chocolate, tea, apples, onions and broccoli. Herbal extracts such as olive leaf can help boost our defenses; some scientists claim it has twice the antioxidant power of green tea!

Eating mindfully and slowly is one of the best ways to listen and respond to your body. Being aware of each mouthful as you eat brings your mind to the moment and helps your stomach connect with your brain, allowing you to sense when you feel satisfied. The antithesis of mindless consumption, conscious consumption enables you to revel in and feel grateful for each taste, flavor and sensation that you encounter.

FIFA 19

Nintendo Switch

Review

FIFA 19

RÉVONS PLUS GRAND



FIFA 19's game play innovation is precision ball control which, when used effectively, creates new openings through subtle movements, body feints and fancy flicks. But for every slick piece of control there is an equal moment of miscontrol as the ball gets away from you. It's unforgiving at first, resulting in untidy passages of play with balls bouncing off the knees, chests, and heads of supposed top-class professionals. However, once mastered, the free-flowing football (using the right analogue to lead the ball away from you first time) creates some of the game's most eye-catching moments. Letting the ball run across your body or flicking the ball before hitting a first-time shot adds a new level of satisfaction to attacking play.

The players inside the grounds look better than ever also: little details, like beads on sweat on players' foreheads or the slight rustle of their shirt sleeves on a windy day, add to the atmosphere. They move more fluidly than ever, appearing to sense and react to the ball and the players around them. Defenders will back into opposition forwards to shepherd a ball out of play and will attempt new ways to trap the ball if it comes to them at an awkward angle, making them feel more human as they more naturally adjust to each situation they find themselves in. Players appear to tire slightly more as games go on as well, adding

to the realism.

The UEFA competitions also bring with them two new commentators, Derek Rae and Lee Dixon. Although neither will give much of a tactical insight, it is always a bonus to have an extra pair of voices as an alternative to Alan Smith's monotone drawl. The new licenses have been woven into every game mode possible too: the Champions League (and its little brother, the Europa League) can be played as part of the career mode, with former also found in the Kick-Off menu, with each stage available to play separately. Integration with Ultimate Team in the form of live content updates is promised, but at this stage it is unclear whether this will be any more than some in-form FUT cards.

FIFA's Kick-Off mode has been long stagnant, offering little other than standard exhibition matches, but this year it has undergone a substantial overhaul with nine new game modes available. The most memorable can be found in the House Rules section, which is FIFA's answer to Over watch's Arcade. These match types introduce new rule subsets to the core 90-minute match experience and do so to varying levels of success. Some are ripped straight from the playground, such as my beloved Headers & Volleys, while others bring a more anarchic edge to the beautiful game, like No Rules mode. With no offside's, fouls, or bookings enabled, this quickly descends into chaos and there's no denying it's a whole lot of fun. ■

THERE'S BEEN A BIG
MYTH-UNDERSTANDING

SMALL FOOT

Humans Really Exist!

Directors: Karey Kirkpatrick and Jason Reisig

Summary

A yeti named Migo is convinced that a human known only as "Small Foot" is real and has to prove to his tribe that it does exist with the help of Meechee and the S.E.S - Smallfoot Evidentiary Society. A Yeti is convinced that the elusive creatures known as "humans" really do exist.

Narration

The film opens with a yeti named Migo (voice of Channing Tatum) telling the history of his village. He and a large group of other yetis live high on a mountain above the clouds where they live according to a series of stones held by the Stonekeeper (voice of Common). According to the stones, the yetis were pooped out by a yak god and left on the mountain that is held up by ox that must be fed, or their village will fall into "The Great Nothing".

Migo aspires to be the village gong ringer just like his dad. Stonekeeper calls Migo to practice with Dorgle for when his time comes. After a few failed attempts, Dorgle launches Migo toward the gong, but he gets distracted by Meechee (voice of Zendaya), Stonekeeper's daughter that Migo has a crush on. He flies over the gong and tumbles down the other side of the mountain. A plane then crashes down near Migo, and someone is ejected from it. Migo goes over to see the person and is

surprised to see that it is a "Smallfoot" (human), considered by the yetis to be legendary. Before Migo can bring him back, the wind blows the man by his parachute and sends him down the mountain.

Migo runs back to the village to tell the others of his discovery. He brings the whole village with him to the site of the crash, but the plane slides down the mountain and falls over, and its imprint in the snow is blown away, leaving no proof of what Migo saw. Because there isn't a stone to prove that the Smallfoots are real, Stonekeeper accuses Migo of saying that the stones are wrong. Migo admits to disagreeing with the stones, so Stonekeeper banishes him from the village.

Stonekeeper brings Migo in front of the other yetis as he holds Percy, who is suffering due to high altitude sickness and is growing colder and with less oxygen. Migo is forced to lie and say that he didn't find a Smallfoot, but rather a rare form of yak. Everyone is upset, but especially the S.E.S., who know that Migo is involved in a cover-up.

The yetis make their way toward the town. The humans gather, once again nervous and a bit panicked, but Percy walks through the police blockade, followed by Brenda, to prove that the yetis are not dangerous. The other humans soon follow, and the yetis start to have friendly interactions.





Making Everyday More of a Treat!



Biscuits are a prime form of snacks for most of the people, especially for young ones. Whistlez has become a predominant biscuit for most of the people in Pakistan. From cafeterias in schools colleges and universities to grocery stores "Whistlez" has become the first choice of people. Whistlez is emerging as one of the most loved biscuit nibble due to its absolute wide range of savor and premium quality biscuits. Whistlez is a perfect blend of sweetness and saltiness, which makes Whistlez biscuits soft, flaky, and a little too dissolve in the mouth. Sweet, really buttery!

Entertain your tea time with utterly delicious Whistlez Cake Rusk or get cozy with the delight of Whistlez Peanut Cookies. Get a little too buttery with Whistlez Butter Cookies or give your child a pack of Whistlez Jolly Jam Sandwich – no doubt every single person including men, women, and kids like these biscuits. It is the flavor that makes it special as it satisfies everyone who tastes it. The product quality is high and because of its quality, it is very famous. Easy to carry and easy to use! No doubt every kid love to have it in his lunch box.

"Whistlez Biscuits are very tasty and delicious. They have Peanut and Jolly Jam and that's why I liked it very much. Whistlez is such a biscuit that it is liked by kids and adults whatsoever the age is, it always wins over the hearts of people." **(Hamna Khan)**

"Whistlez Biscuits have wheat, flour, and nuts, which are good for health, easy to serve with tea and coffee. Biscuits are neatly packed in an elegant blue wrapper with airtight such that to assure its freshness and taste. A good quality product and is my perfect match while I am traveling to my university." **(Alvina Shaheen)**

"These biscuits are just full of butter taste and good quality peanuts. I get very busy and do not really have time to prepare the breakfast; hence my day starts with a cup of milk and a pack of Whistlez biscuits around 8 in the morning. I feel light and delighted after having my favorite biscuits in my breakfast." **(Neha Faisal)**



Pakistan's first Three Dimensional Interactive National Quiz Competition "THE GENIUS (I TOUCH, I SOLVE)" Organized by AFAQ Leaders Club (ALC) all over the Pakistan

AFAQ Leaders' Club (ALC) for the development and positive change in students and youth under the umbrella of "Association For Academic Quality (AFAQ)". ALC has a wide range of activities with innovative ideas to inspire students of all ages in schools, and encourage them to develop their skills and character, while having fun. ALC organized Pakistan's first Three Dimensional Interactive National Quiz Competition under the theme "THE GENIUS (I TOUCH, I SOLVE)" to discover the intellect of students by introducing Science, Mathematics and

General Knowledge challenges in a knowledgeable, fun and exciting way. 10,000 students of schools from all over Pakistan participated in competition.

The prime objective of the competition was to provide students a prestigious chance to take part in the national multidimensional quiz out of their own interest and also prove their talents with speed and accuracy in a positive competitive environment. The position holders of the competition will be awarded by valuable prizes of amount 1. Million.



Quetta



Islamabad



Rawalpindi



Ziarat



Haroonabad



Abbotabad

THE GENIUS

I Touch, I Solve

Benefits

FOR STUDENTS

- Gain an invaluable exposure and experience in taking a National Level contest and sustain with AFAQ Leaders Club in future for a long period of Time.
- Identify and demonstrate their actual academic strengths and also rectify areas of improvement.
- Have a Nationwide sense of healthy competition with the other students also compare & monitor their own yearly performance.

FOR PARENTS

- Understand their children's level of academic strengths and need of their involvement with them.
- Develop a satisfactory relationship amongst students, parents and school.
- Have a chance of Interactive collaboration with schools for children skills enhancement.
- Taking vital part in planning & developing significant academic and co-curriculum activities for the children.

FOR SCHOOLS & TEACHERS

- Gain interaction and have participation on National Level contest and sustain fruit bearing relations with AFAQ Leaders Club in future.
- Have a great opportunity to rebuild and strengthen relationship with the students and parents as a promising link between them.
- Identify and develop strong and positive communication and connection with not only students and parents but also AFAQ Leaders Club.



Chitral



Bahawalpur



Athmaqam



Bajor Agency



Bannu



Skardu



Karachi



Lahore



Faisalabad



Mastung

AkzoNobel Partners with SOS Children's Village to Empower Youth in Pakistan

Driving lasting impact through education and building colorful communities, AkzoNobel, a leading global paints and coatings company, has partnered with SOS Children's Village in Pakistan to empower vulnerable youth for better chances of employment through various colour training programs.

AkzoNobel partners globally with SOS Children's Villages under its widely implemented 'Let's Colour' initiative.

Driven by hands-on employees of AkzoNobel Pakistan, the program aspires to help children, families and communities in need, by creating energized living spaces and colorful communities.

SOS Children's Village Pakistan is working towards the goal of one day being able to provide shelter to every deserving child in the country. This is a realistic target as the organisation admits only those children who are either complete orphans or, categorized as 'social' orphans. Social orphans are the result of the mother being remarried or having an incurable disease or mental illness and, as a consequence, being unable to provide for the children.



Compilation of 2018 Activities at School of International Studies in Sciences & Arts (SISA)

The year 2018 attested to be a great year and a year enduring high deals of fun, excitement and enthusiasm for the students, teachers and all other members of School of International Studies in Sciences & Arts (SISA). SISA had always maintained the bench mark by initiating activities that are a perfect blend of learning and amusement for students and teachers both. SISA had always provided the best of the best activities to build competitive spirit amongst its students, whether it's the "Red Colour Day" where the whole school was blissfully covered in a Red wave of students and teachers, or it's the "Yellow Colour Day" where the pre-schoolers enjoyed while being wrapped up in yellow clothes – the school environment at SISA had always be an interesting one. There were a number of other episodes which were observed at SISA such as; when the SISA Debating Team went to Lawrence College Murree Model United Nations Conference 2018 and secured multiple awards in a single MUN event, along with the occasion when SISA Participants of Bilingual Declamation 2018 at Bahria Town School marked the glory of their excellence, where Safi Akmal got 3rd prize, Anoosh Imtiaz got consolation prize, while Sahar Sajjad & Emaan Chauhdry got Honorable Mentions. Furthermore, the year 2018 also clutched several other activities and events at SISA such as the final term debates and many more.



Huawei Collaborates With HEC to Launch ICT Competition Pakistan 2018-2019

Huawei is a leading global Information and Communication Technology (ICT) solution provider. Huawei's Certification System is well recognized and is becoming a standard for ICT talent cultivation. In order to promote ICT industry technology certification, develop ICT industry talent and a strong ecosystem, Huawei is inviting colleges and universities in Pakistan to participate in the Huawei ICT Competition Pakistan 2018-2019. Huawei has collaborated with Higher Education Commission in launching its 3rd ICT Competition in Pakistan. Together with HEC, Huawei has launched the Huawei Authorized Information and Network Academy (HAINA) program as well.



University of Veterinary & Animal Sciences Ranked 3rd

The Higher Education Commission Islamabad has ranked the University of Veterinary & Animal Sciences (UVAS) Lahore on 3rd position in national sport ranking of public sector universities of the country for the year 2016-17. The HEC ranked the universities on the basis of overall results of inter-varsity sports championships for 2016-17 in 33 categories of sports. The UVAS got 782 points among public sector universities. The UVAS had already been ranked by the HEC among top 10 universities of Pakistan in overall ranking of universities.



PkSIG Concludes its 4-Day Internet Governance Event in Karachi



Since the launch of Independent Monitoring Unit (IMU) in 2014 all government schools in KP are being successfully monitored on key education indicators. It has significantly contributed in reducing teaching and non-teaching absenteeism, identification of non-functional schools resulting in their reopening and identification of missing facilities in schools across the province. It is also tracking the implementation of these plans, and the data collected has assisted the Education Sector Reform Unit (ESRU) to develop a three-year medium-term plan to provide funds for missing facilities from 2017-18 to 2019-20. Another special task is Teacher Incentive Program under which evaluation of awards for teachers are made on the basis of data collected by IMU.

Bata & Czech Republic Celebrated Centennial Anniversary



Bata Pakistan celebrated the 100th anniversary of the Czech Republic at an exhibition. To mark the event Mr. M. Imran Malik Country Manager Bata Pakistan along with Honorary Consul General Mr. Kamal Monnoo inaugurated the event. Esteemed guests from a variety of embassies attended the exhibition. Guests were given an exclusive walk through of the exhibition area which highlighted Bata and Czech heritage through documentary archives, shoes and pictures. Speaking on the occasion, Country Manager Bata Pakistan, Mr. M. Imran Malik, pointed out that, "Having a long-term vision and dealing with business in a sustainable and responsible way together with our employees, customers and business contacts is in the DNA of Bata."

Mirpur University of Science and Technology Wins Rs. 9.3584m

The State-run Mirpur University of Science and Technology (MUST) Mirpur has won Rs. 9.3584 million second Technological Development Fund (TDF) project 2018 from Higher Education Commission (HEC) of Pakistan. The project was designed, developed and submitted by Engr. Dr. Khuram Pervez Amber, Chairman Department of Mechanical Engineering, and Principal Investigator (PI) of the project and Asif Javed, Director (ORIC) who is also CO-PI of this project. The project titled, "Development of a Multi-Purposed Environment Friendly and Efficient Smart Wood Stove" was submitted to HEC under Technology Development Fund (TDF) program in 2018.



Balochistan Govt. Launches ALP to Eliminate Illiteracy

The Government of Balochistan has launched Accelerated Learning Program (ALP) to eliminate illiteracy in the province besides bringing maximum out of school children to the educational institutions. The provincial government was taking steps to increase the enrollment ratio, and planned to enhance the community schools in those areas, where no government schools were existed, said Education Secretary Baluchistan, Noorul Haq Baloch. The community school program, he said was started three years ago in eight districts of Balochistan with the help of UNICEF and imparted education to 12,000 students.



Punjab University Awards Four PhD Degrees

The Punjab University awarded four PhD degrees to scholars in different disciplines. According to the PU spokesman, the scholars included Asmat Zahra, who got the PhD degree in the subject of Chemistry after approval of her thesis entitled "Synthesis, Characterisation and Magnetic Studies of 3d, 3d-4f and 4f Aggregates Using O- and N- Ligands". While, other topics for thesis also included "Economic Cooperation Organization as a Regional Organization: Problems and Prospects (1985- 2012)", "Pakistan's Foreign Policy Towards India: Musharraf Era (1999-2008)" and "Evaluation of the Rice Weevil Resistance against Phosphine and its Management through Biorational Pesticides".



International Islamic University Islamabad Holds Conference on Innovation in Teaching



A two day international conference on innovation in teaching and learning was conducted at Faisal Masjid campus of the International Islamic University. The educational experts and educationists discussed the element of innovation in curriculum and instruction, innovation in higher education, innovation in educational research and educational interventions in more than 170 research papers. Progressive attribute of education must be stressed and focused to meet the requirements of hour, said famous educationist Dr. Mehmood-ul-Hasan Butt speaking as a chief guest at the opening ceremony of the conference.

UET Peshawar Students Develop a Solution to Power Theft



Students at the University of Engineering and Technology, Peshawar have developed a system named 'ElectroCure' to control power theft and line losses. The system has proven to be quite effective, having reduced the incidents of power theft and line losses by 35 percent in a number of cantonment areas of the country. ElectroCure is the project of Centre of Intelligence Systems and Network Research (CISNR) at UET Peshawar, which has successfully completed it with the funding of Ministry of Information Technology and Telecommunication.

36 Baluchistan Students to Learn Chinese

The Higher Education Commission (HEC) has awarded 36 students a Chinese language scholarship for one year. Higher Education Commission (HEC) would send the second batch of 36 students including 32 males and four females from Gwadar for one year Chinese language course in Beijing polytechnic University, adding that the first batch of 14 students was sent in March 2018. The Government announced 50 scholarships for Gwadar students in order to meet the local needs emerging due to the China-Pakistan Economic Corridor (CPEC).



High Housing Prices and Low Tuition Prices for Students in Germany

Student housing in Germany is experiencing a long-term price hike, prompted by high enrolment figures, which threatens the country's status as an affordable destination for learning. According to a report by the German Economic Institute, prices of student housing in major international student cities such as Berlin, Munich and Frankfurt has risen by as much as 67% since 2010. The capital has seen a rise of 10% in just one year, a development Jorick Beijer, director of student housing think tank The Class of 2020, said will change its international reputation.



Inspiring Futures acquires Padworth College



The owner of independent preparation-for-boarding college for international students, Bishopstrow College, has acquired independent college Padworth College. Inspiring Futures Limited has struck a deal to purchase the school in Berkshire, UK from Padworth College Trust Limited. "Padworth College shares the educational philosophy that is in place at Bishopstrow College and complements [the] College's focus on offering pathway programs to prepare international students for boarding schools," IFL directors Charlie Freer and Mark Jaynes said in a statement. Padworth College will continue operating as an independent college, offering a British academic program to students aged 13 to 18.

Robots to help teach English in Japan

The Japanese government has announced plans to use robots in school classrooms as part of a new approach to improve its population's English proficiency, and take advantage of an expected increase in tourism. Rolling out in 2019, the trial will see robots implemented in 500 schools throughout Japan, and join a number already using the technology as part of their curriculum. English has become a focus for Japan in recent years, establishing several partnerships globally to improve proficiency in the lead up to the country hosting the 2019 Rugby World Cup and the 2020 Summer Olympics.



World Bank calls for worldwide investment



The World Bank has called on governments worldwide to increase their investment in education after their recently created Human Capital Project found a global learning crisis in preparing the population for the future of work. Unveiled at the World Bank and International Monetary Fund's annual meeting in Indonesia, the report measured countries' success in human capital development, noting significant funding gaps were "leaving the world poorly prepared for what lies ahead". The report's methodology measured human capital by anticipating the outcomes of a child born today against the education they will receive in their home country.

Obama launches Global Girls Alliance

The Obama Foundation has announced the launch of the Global Girls Alliance, a program focused on supporting access to education for adolescent girls worldwide. "When you educate a girl you educate a family, a community, a country," said former First Lady Michelle Obama, launching the program in an interview. The program will support grassroots organizations, projects and leaders dedicated to girls' education around the world. She also said, "If we care about climate change and poverty then we need to care about education. Right now, there are 98 million adolescent girls who are not in school."



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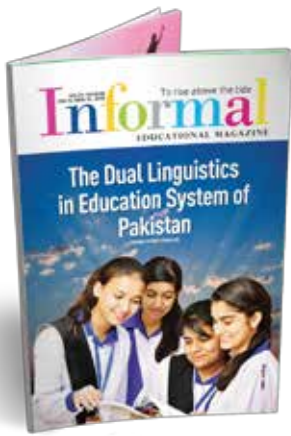
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Xiaomi Mi 8X

Gigantic Display with In-Display Finger Print Scanner

Xiaomi had always been known for bringing out the smartphones with the most interesting features and a highly reasonable price, and the same will be seen this time also.

Some of Xiaomi Mi 8X features includes a Qualcomm Snapdragon 710, 5.99-inch display, Android 8.1 Oreo and a powerful battery. These elements of this upcoming smartphone make it one the most appealing smartphone on the market.

Xiaomi Mi 8X specifications include a 5.99" (15.21 cm) display with an ultimate resolution of 1080 x 2248 pixels. This smartphone runs on Android v8.1 (Oreo) and is controlled by an Octa center (2.2 GHz, Double center, Kryo 360 + 1.7 GHz, Hex Center, Kryo 360) processor. It also has a 6GB RAM and a 3100mAh battery. Over that, to the extent, the back camera is concerned this portable has a 12 MP camera. Different sensors incorporate Light sensor, Nearness sensor, Accelerometer, Compass, Spinner. For graphical execution that can influence recreations to run easily, this smartphone has an Adreno 616 GPU. These features make this smartphone amongst the highest responded smartphone by Xiaomi, enabling a wide range of features and specifications along with a highly affordable price.

This ultimate smartphone bags away with a RAM



of 6GB and an internal storage capacity of 64GB, which can also be increased up to 256GB with the help on a microSD card. Xiaomi had made it sure for its users to get an abundance of internal space with the new Mi 8X.

The back camera module of this smartphone consist of a double 12Mp cameras, one a wide-point with a 1/2.55-inch estimate sensor, 1.4µm pixels, and a f/1.8-opening focal point, and the other a short fax with a somewhat slower f/2.4 gap. Different highlights incorporate stage location self-adjust, 4-hub optical picture adjustment (OIS) on the wide-edge module, and a Drove streak. Shooting outside or under a splendid light, the Xiaomi Mi 8X catches astonishingly sharp, profoundly point by point pictures. It likewise conveys exceedingly precise exposures under an extensive variety of conditions, and pictures are for the most part unbiased, if with to some degree distinctively rendered hues.

Another amazing feature of this smartphone is its in-display finger scanner, which comes up with on the latest technology in terms of finger scanners. In most of the smartphones, the finger scanner is usually at back just below the camera. But, with new Mi 8X finger scanner will be present within the display of the screen. ■





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